

# CLOVERLEAF RANCH

## activities list

### **Animal Care**

One of the great things about camp being on a ranch is we having many animals around. During animal campers have the opportunity to play with and care for chickens, ducks and goats, or hang out with any of the other fun animals we might add to the ranch environment during the summer.

### **Archery**

At archery campers get the education and safety instruction needed to participate in a safe fun activity. Campers aim for targets 15 to 20 yards away and have the opportunity to win some great awards.

### **Arts and Crafts**

Campers at Arts and Crafts get to make wonderful things with nature to take home to their families. We do tie dye, Paper Mache, collages, dream catchers, cards, friendship bracelets, lanyards and much more.

### **Batting Cages**

Batting Cages takes place in a netted area, where only one camper and an instructor enter the area at a time. Both camper and counselor are helmeted and the counselor stands behind a fence when placing the balls into the pitching machine. The machine speed is set at whatever level the camper is comfortable with. This is a great activity to win awards at!

### **Camp Fires**

On Opening and Closing day of Resident Camp we head up the hill and enjoy the beautiful view while sitting around a great camp re. Before each camp the Fire Dispatch is called and all the campers are made aware of the rules for being around there. At the camp we sing songs, act out skits, and share some of the most memorable moments from the session. Everyone at closing camp re gets to throw a stick in there and leave all their favorite memories here in the ashes forever.

### **Dance**

Counselors can teach a choreographed dance, or give the campers a chance to create their own. Often the class is started with a warm-up and then they get right into boogying. Often when a group creates their own dance, they can practice it and perform it later in the week at the camp dance! Games are also a fun in collusion in dance class, whether freeze dance, or others.

### **Drama**

Drama is a great activity that can be played indoors or out. Counselors often get the kids started with games, such as taxi driver, or freeze scenarios. The can also create some really great skits and act them out later in the week at the Talent Show.

### **Horse Care**

Learn how to approach a horse safely, groom and become the ultimate *Horse Whisperer*. Horse care is a great opportunity to learn how to lead a horse safely, become more knowledgeable about equipment, and other fun details about horses. Here you can help with feeding the horses, mucking the barn, or even give them a bath.

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### **Horse Riding Lessons (age = 7+ or 6 and younger with lead line)**

Lessons are a great opportunity to learn all the fundamentals about horsemanship. Utilizing different ways to communicate with horse... We play games to reinforce how to stop, turn, and communicate clearly. We accommodate all skill levels as children aim to perfect their walk, jog, or lope. Don't forget to wear your boots, helmet, and long jeans they are mandatory..... but if you don't have your own.... Don't worry Cloverleaf provides boots and helmets to borrow.

### **Horse Show (Equestrian Day Camp and Resident Camp Only)**

Every Friday morning it is Cloverleaf's tradition to celebrate our great horse program with the Horse Show. A fun, exciting way to show off all the skills you've learned all week. Children compete in a supportive environment and top contenders work hard to earn their ribbons. The camp cheers them on as they demonstrate their growth in the equestrian program.

### **Juggling**

Learn from our skilled juggling counselors how to juggle, 2 balls, 3 balls, even 4! There are great prizes to win with juggling. Start from scratch and work your way up to doing amazing tricks. This is also something that is great to show off in the Talent Show.

### **Music**

Many of our counselors can play guitar, piano or other instruments and love to share it with the campers. There are also some great songbooks that can be used to sing songs, or campers can even work together to write their own.

### **Nature Hikes**

With 160 acres there are so many great trails to discover. Campers go with a counselor and a first aid kit and head up into the hills to explore the beautiful wildlife that is present at Cloverleaf Ranch. Sometimes they even take lunch with them and get to sit in nature and enjoy some grub.

### **New Games**

New Games are a great activity to play anywhere around the ranch. Some great games include, freeze tag, red light green light, cat and mouse tag, a human knot, and the counting game. These games are often used as great ways to keep campers entertained during transition times throughout the day.

### **Evening on the Ranch**

Every Thursday our day campers can opt to stay the evening here at the ranch. We will offer additional games and activities, provide pizza or pasta dinner and gather round the campfires for stories, skits, songs and more! We will share s'mores and spend the evening laughing! At 8:30pm, kids will be back down the hill to be picked up and head home to bed!

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### **Riflery (age = 8+)**

Every counselor that teaches riflery here at the ranch is NRA certified. Riflery is one of the safest activities we have here at the ranch. Campers head down to the range and even if they have been there before, sit while the counselor goes over all of the safety rules involved with being down at the range. Campers must be 8 or older to participate in riflery. We use air rifles and the campers shoot pellets at paper targets, cans, horseshoes or more. There are many awards that can be worn down at the range!

### **Swimming**

On the first day that campers are at Cloverleaf they are given a swim test. This test lets lifeguards know the swimming level of campers and keeps them aware of beginners and campers that might need an extra eye while in the pool, or even a buddy to swim with.

### **Trail Rides (Equestrian and Resident Campers Only)**

Utilizing the skills that campers learned in their lessons. Campers navigate through 160 acres of Cloverleaf's privately owned trails. On these trail rides campers can see some great wildlife and wonderful views of Sonoma County.

### **Other Activities**

There are plenty of other activities that campers can participate in here at the ranch. Basketball, Football, Frisbee Games, Ping Pong, Pool Table, Foosball, Soccer, Tennis, and Volleyball.